



Good morning! Enjoy your Breakfast!

Buffet:

Apple Juice, Orange Juice or Cranberry Juice
Cornflakes, Muesli or Rice Krispies
Fruit Salad, Yoguart
Toast: White, Brown, Gluten Free (on request only)
Brown Soda Bread
Butter, Jam

Tea (on request) or Filtered Coffee

Cooked to order (on request only):

Porridge – not served with milk, add your own.

Breakfast Buffet:

Irish Breakfast Contains EG, WH1, SP

Egg choice: fried, scrambled.
Sausages, bacon, grilled tomato,
white pudding, hash brown

Vegan Sausages Contains SP WH1, SY

Please ask for Vegan Sausages as they are not on our buffet.
(Vegan & Gluten Free)

Included in B&B rate for Hotel guests.

€21.00 per person for non-residents

Allergen Description: Peanuts (PN), Tree Nuts (TN), Pecan Nuts (PE), Sesame (SE), Wheat Flour (WH1), Wheat Semolina (WH2), Wholemeal Wheat (WH3), Wheat Bran (WH4), Wheat Rye (WH5), Celery (CY), Fish (FH), Eggs (EG), Milk (MK), Soya (SY), Mustard (MD), Crustaceans (Crab, Lobster, Shrimp) (CS), Sulphites (SP), Molluscs (Oysters, Mussels, Scallops) (MS), Lupin (type of seed/flour) (LP), Barley (BY), Oats (OA)